

Lake City United Methodist Church

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FEBRUARY 2012 Newsletter

SUNDAY WORSHIP TIMES: 9am Traditional/11am Contemporary (10 am Sunday School & Adult Classes)

FEB	Scripture Readers	Greeters
5	Bob Walker	Kathy & Jerry Koellner
12	Vicki Raymond	Joyce Moechnig & John Moechnig
19	Pat Wirtanen	Laura Bigelow & Nancy Fawthrop
26	Paul Moechnig	Sandy & Joel Grettenberg

Lake City United Methodist Church

213 NORTH OAK STREET
LAKE CITY, MN 55041-1533

love... grow... serve... Christ & others

Prayer List... Love by daily prayer ♡ Please keep these lists close to where you pray.

·Karsten Anderson ·Patty Checkel ·Alice Cox ·Sherice Fisher
·Sandy Grettenberg ·Paula Hamm ·Richard Loppnow
·Eileen Laudon ·Tabatha Lyon ·Lorraine Rabe ·Natalie Swanson

Lake City Medical Center Nursing Home Residents:

500 W. Grant St Lake City MN 55041 651-345-3321 ask for Care Center

Birthdays: JANUARY 23 - Dorothy Mathews - ROOM 117

FEBRUARY 14 - Mildred Tapp - ROOM 226

MARCH 2 - MAY 13 - Roger & Doreen Geisler - ROOM 103

AUGUST 22 - Bill Gunnell - ROOM 215

OCTOBER 28 - Marjelle Geisler - ROOM 220

OCTOBER 29 - Lorraine Rabe - ROOM 130

NOVEMBER 12 - Irene Abbott - ROOM 209

Fairview Seminary Home: APRIL 27 - Earl Jewel - ROOM

906 College Ave Red Wing MN 55066 651-385-3434

Your family...your friends...show your love & grow by caring, visiting or sending a card.

Our Sincere Sympathies & Prayers to...

- * Family & friends on their loss of Officer Shawn Schneider.
- * Heidi Stechmann, family, & friends on the loss of her father, Ken Stechmann.

Our Joy & Congratulations to...

- ♥ Tina & Andy Speltz on the birth of their twins,
--- Eli Andrew & Addison Grace
- ♥ Alice Cox on the birth of her great grandson, and grandparents,
Gordy & Sue Cox on the birth of their grandson,
Bryson Daniel, born on January 8, 2012 to Dan & Heidi.
- ♥ Dorothy Mathews, 102 years old on January 23rd, 2012.

Lincoln Jr-Sr High School Honor Roll:

- * Derek Bremer * Emily Craig * Katelyn Eichhorn * Taylor Siewert

DEAN's LIST- South Dakota State University:

- * Martin Anderson - College of Pharmacy
- * Carley Siewert - College of Engineering

FAITH IN ACTION NEEDS YOUR HELP!

In need of 2-3 new volunteer drivers to take turns transporting a patient from Plainview to Mayo Clinic-Rochester. Volunteers will have the option to select the day or day(s) they will be available to provide this transportation.

Volunteers will not be asked to do any other type of volunteer work.

We ask you to join our team of 55 plus volunteers.
Interested persons can call 507-534-1244. Thank You!

BLOOD PRESSURE SCREENING ... *Come one... Come all...*

Sunday - February 12th - 10 to 11 am - Rogers Hall

Mayo Health Systems Outreach nurses will be available for blood pressure screenings. There is NO CHARGE and only requires a few minutes of your time. The program is being sponsored by the Health & Wellness Ministry of First Lutheran Church which is an ecumenical initiative to promote wellness programs in the Lake City Community.

“COOKING SAFETY FOR A CROWD” WORKSHOP

Gerri Rabe & Joyce Moechnig recently attended this workshop.

This workshop helps the church meet the requirements of new legislation that became known as the "Church Lady" bill which took effect August 1, 2011. The bill says at least one volunteer at each site should complete a food safety course.

A meeting on Tuesday, February 21 - 7 PM at the church

is scheduled to discuss information & answer questions from the workshop.

EVERYONE who helps with food at the church or other non-profit groups is encouraged to attend this informational meeting.

POTLUCK-ALL CHURCH WOMEN INVITED...

Thurs - FEB 2nd at 12 noon - provided & hosted by Susanna Circle
Come for the fellowship and of course the good food!!

CIRCLE NEWS -- Susanna meets Monday, February 13th @ 7:30 pm.
Priscilla meets Monday, February 20th @ 9:15 am - Hostess: Gloria Feigal

love... grow... serve... Christ & others

PRISM... A Weight-Loss Program class which meets Sundays at 6:30 pm.

The program is held at the church. This is a Christian based program that aims not only to help you get to your right weight but also to maintain it and gain significant long term health benefits by changing your view of food and what you eat. The first group to go through it last fall lost well over 200 lbs collectively and is excited about the increased energy and sense of well being they have achieved. Many have been on weight loss programs before and will tell you this is unlike any other they have experienced in the past. If you are interested there are brochures available in the narthex on the table across from the sanctuary. For sign up or more information contact Al Thompson at 507-649-7682

February Mission Offering...

Our special mission emphasis for February will continue to be the local Lake City Food Shelf. Any money given listed as missions in February will go to the food shelf. There is also a shopping cart provided in the narthex into which you may place items for the Food Shelf. Specific need request for this month is canned ham.

Thank you for your continued faithful support of the various mission projects of our church. **Please write MISSIONS on envelope & your check.**

Lake City Food Shelf February Request...CANNED HAM

Thank You ... Lake City United Methodist Church for your support of the Lake City Food Shelf. In 2011, you gave 810 pounds of food.

from the Lake City Food Shelf Secretary, *Shirley Pierson*

Your donation to the Food Shelf with any non-perishable food item and/or cash is needed and appreciated. THANK YOU to our church family for their generous donations throughout the year. You have been a big factor in helping our local food shelf successfully take care of those in need.

Cupid's Cupcakes & Cookies Bake Sale

Students from Lincoln High School will be traveling to Costa Rica in June of 2012, and are hosting a bake sale fundraiser to help fund their trip. Please consider supporting their endeavor by ordering delicious red velvet cupcakes and heart-shaped sugar cookies carefully packaged in an attractive gift box. Your personal message can be included in the box. Visit the website at www.Facebook.com/CupidsCakesNCookies to view these tempting treats and to print out an order form. Orders can be picked up on Sunday, February 12 from 9am-2pm at the Lincoln High School foyer, or you can request a special delivery by Cupid. **Your order must be in by February 8th.** Order forms are also in church office. Please make checks payable to Lincoln High School Spanish Club. Send the order form with payment to: Cupid's Cupcakes, Attn: Mary Gastner, 1110 Maple Place, Lake City MN 55041; or email her with questions or orders at cupidscakesncookies@gmail.com Thank you!



LENTEN DEVOTION BOOKLET

Now you can spend 40 days with Jesus—from leading up to His death on Good Friday, to celebrating His resurrection on Easter Sunday and draw into worship & praise as never before. Select devotionals from Sarah Young's bestselling "Jesus Calling" are compiled into this gift book to create an experience of closeness with the Savior during the Lenten season.

Written from Christ's viewpoint, this compilation of bite-sized devotions from Young's best-selling "Jesus Calling" will draw you closer to our Savior as you travel with him through Lent, mourn his death, and celebrate his resurrection.

DEVOTION BOOKLETS AVAILABLE ON TABLE IN NARTHEX

A DONATION IS APPRECIATED - \$3.00 (OR MORE, IF YOU LIKE) YOU MAY PUT INTO OFFERING ENVELOPE WITH *DEVOTION* WRITTEN ON OUTSIDE AND DROP IN OFFERING PLATE. THIS MONEY WILL GO TO THE NEXT GENERATION YOUTH GROUP CAMPERSHIPS.

Camping Brochures have arrived!

Pick up your copy today and start planning for summer.

Children and youth camps, family camps,
grandparent/grandchild camps, adult camps, older adult camps.

There is something for everyone!

Check out the camps at www.campminnesota.org



You are cordially invited to

- LUNCH & LEARN -

A monthly series of **NOON HOUR** presentations
at **St. Elizabeth's Medical Center**

Lunch & Learn is a series of noon hour presentations sponsored by Wabasha County Senior Providers Network. Presentations are held at St. Elizabeth's Medical Center and are free and open to all. Here are the monthly Lunch & Learn programs through April!



Monday, February 20: "Caring for Hands with Arthritis"

How can I continue to do the things I want to do when arthritis in my hands makes those activities painful? Get tips for avoiding joint stress and decreasing pain when you are cooking, driving, getting dressed, making a bed, doing needlework and more. **Presenter:** Kathy Barrett, Occupational Therapist with St. Elizabeth's Medical Center in Wabasha.

Monday, March 19: "Your Life – Your Story – Your Legacy"

Your life story and those of your ancestors shape the lives of your children and succeeding generations. These precious memories need to be preserved. This full-hour seminar includes over 90 photographs, models and illustrations, and will show you how to select, organize and preserve your stories, photos, family history and heirloom documents whether as a scrapbook, video or hard-bound book. **Presenter:** Jeff Baker is the owner SAGIS Legacy in Minneapolis.



Monday, April 16: "Hearing Loss, Hearing Assessment, Hearing Aids"

Are there different types of hearing loss? What are the initial symptoms? How are assessments performed? How can I know if a hearing aid will help me or someone I know? What kinds of hearing aids are there? What do they cost? What will insurance cover? Free hearing screening and hearing aid cleaning will be available following the presentation. **RSVP** at karena@elder-network.org or 651-565-3237. **Presenter:** Jenny Thompson, MN Certified Hearing Instrument Specialist at Beltone in Winona.



*Bring a bag lunch or purchase lunch at the hospital cafeteria
and join us in the Sr. Gerina room at NOON.*

Sponsored by
Wabasha County Senior Providers Network

Questions? Contact Karen at Elder Network: (651) 565-3237 or karena@elder-network.org.

FEBRUARY 2012 Happy Birthday

- 3 ≈ Karla Johnson
- 4 ≈ Sarah Blaser
- 5 ≈ Carol Hansen
- 7 ≈ Duane Schafer
- 8 ≈ Lily Marshall
- 11 ≈ Freddie Reckmann
- 14 ≈ Richard Sprick
- 14 ≈ Mildred Tapp
- 15 ≈ Theresa Gerken
- 17 ≈ Alice Cox
- 19 ≈ Owen Klees
- 19 ≈ Karen O'Brien
- 19 ≈ Sydney Voorhees
- 21 ≈ Anna Mae Duden
- 22 ≈ Sandy Walker
- 23 ≈ Amber Pratt
- 25 ≈ Pen Seepaya
- 26 ≈ Bobby Blaser
- 27 ≈ Brad Issendorf
- 28 ≈ Jerry O'Brien

FEBRUARY 2012 HOLIDAYS

- 2 ≈ Groundhog Day
- 14 ≈ Valentine's Day
- 20 ≈ President's Day
- 22 ≈ ASH Wednesday
- 29 ≈ Leap Day

FEBRUARY 2012 *Calendar Events*

EVERY SUNDAY OF THE MONTH: 9 am > Traditional Service Worship
10 am > Sunday School/Adult Bible Classes
11 am > Contemporary Service Worship
12 pm > Kidz Sunday Lunch 6:30 pm > Prism Weight-Loss Program

EVERY MONDAY OF THE MONTH: 10 am > Knitting Group
6 pm > Prayer Team Worship

EVERY WEDNESDAY OF THE MONTH: 5:30 pm > UMC Choir Practice
6 pm > Wednesday Nite Kids Ministry
7 pm > Next Generation Youth Group

EVERY THURSDAY OF THE MONTH: 8 am > Men's Group Breakfast
5:30 pm > UMC Band Practice
6:30 pm > Mission of Motherhood (MOM)Grp 7 pm > Al-Anon Family Grp

FEB

2 THU: 12:00 pm > *UMW POTLUCK - All Church Women Invited*
6:00 pm > Missions Committee Meeting

4 SAT: 7:30 pm > Men's Fellowship Breakfast

9 THU: 8 pm > Men's Group Breakfast
7:00 pm > Trustee's Mtg

13 MON: 7:30 pm > Susanna Circle

14 TUE: 10:00 am > Outreach Team
6:00 pm > Worship Committee

* *NEWSLETTER ITEMS DUE by FRIDAY*

17 FRI: 2:00 pm > *NEWSLETTER ITEMS DUE TODAY*

18 SAT: 1:30 pm > BINGO @ Lake City Nursing Home

20 MON: 9:15 am > Priscilla Circle ~ Hostess-Gloria Feigal
6:30 pm > Sunday School Teacher's Meeting

21 TUE: 5:30 pm > Adult Ministry Meeting
6:30 pm > Facility Evaluation Meeting
7:00 pm > Cooking Safety Workshop Meeting w/Gerri & Joyce

22 WED: 1:30 pm > Communion@ Lake City Nursing Home
7 pm > ASH WEDNESDAY SERVICE

28 TUE: 10:00 am > Outreach Team

***March 1st begins the Lenten Series on Thursday nights
with 6:00 pm Potluck Suppers and 7:00 pm Lenten Programs***